



CREAM OF PEA SOUP

Ingredients
(for 4-6 servings):

- 250 gr of frozen peas
 - 1L of water
- 100 gr GreenVie Parveggio
- Chili flakes, fresh dill - optional
 - Salt, pepper





instructions



Put the peas with the water
in a soup pot and start cooking.

Season with salt and pepper.

Let it all boil for about 15-20 min.

Transfer in a blender and blitz until smooth

Serve with Parveggio.

Enjoy!



recipe & photo credits @topfoodfacts







B12
ENRICHED



PARVEGGIO

Net weight:
300g e



WITH COCONUT OIL



FREE FROM:
DAIRY / GLUTEN / SOYA /
LACTOSE / PALM OIL