



AVOCADO TOAST

Ingredients:

- GreenVie Hemp Seeds flavour cheeze
 - Bread
 - Avocado
 - Cherry tomatoes
 - Balsamic reduction





instructions

Mash the avocado, season with salt, pepper, olive oil and lemon juice.

Spread it on a slice of bread and top with cherry tomatoes,

GreenVie cheeze and a drizzle of balsamic reduction

enjoy! 





