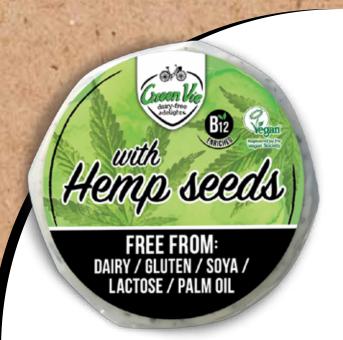


AVOCADO TOAST

Ingredients:

- GreenVie Hemp Seeds flavour cheeze
 - Bread
 - Avocado
 - Cherry tomatoes
 - Balsamic reduction







instructions

Mash the avocado, season with salt, pepper, olive oil and lemon juice.

Spread it on a slice of bread and top with cherry tomatoes,

GreenVie cheeze and a drizzle of balsamic reduction

enjoy!

recipe & photo credits @topfoodfacts



