



# ROASTED CARROT SALAD



Ingredients:

- 2 big carrots, peeled and cut into chunks
  - Some sliced red onions
    - 1 tbsp of walnuts
    - Some spinach leaves
    - 30 gr of **GreenVie Blue**
    - Olive oil, salt, black sesame





## *instructions*

Season the carrots with some salt, black pepper and a drizzle of vegetable oil.

Roast them in the oven, set to 180<sup>0</sup> Celsius, for about 30 minutes.

Let them cool down a bit and then mix with the rest of the ingredients and serve!







Blue



FREE FROM:  
DAIRY / GLUTEN / SOYA /  
LACTOSE / PALM OIL

