



Plant Based
RECIPES

Aubergine wrap
with
Sour Cream



You will need

1 tbsp of oil

100 gr of aubergine, cubed

Salt and black pepper to taste

For the rest:

Tortilla wrap

2 tbsp of sour cream

Red onions

Parsley



Method

- Add aubergine cubes to a baking tray
- Drizzle with oil and season with salt and black pepper
- Cook in a hot oven, set to 180C, for about 20 minutes
- Serve in a wrap with sour cream, red onions and parsley

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SERVES



PREP TIME



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