



Plant Based
RECIPES

Fusilli Salad
with
Parveggio



You will need

120 gr of cooked fusilli

1 tbsp of oil

Salt and black pepper to taste

For the rest:

1 tbsp of oil

Salt and black pepper to taste

50 gr of green peas

50 gr of green beans

50 gr of broccoli

Radicchio salad

Parveggio

Basil

Parsley



Method

- Season the cooked fusilli with oil, black pepper and salt
- In a hot pan, add oil and cook the peas, beans and broccoli for about 5 minutes
- Season and mix with the fusilli
- Add in radicchio, basil, parsley and top with parveggio

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SERVES



PREP TIME



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