



## CAULIFLOWER AND CARROT ROSTI

Ingredients (for 6 rosti):

200 gr of cauliflower, blended into crumbs

• 50 gr shredded carrot • olive oil

1 tbsp of chopped parsley

30 gr of white flour

• 50 gr of shredded GreenVie Dairy Free Cheddar

Salt, pepper

Some spinach leafs to serve with and paprika powder



## instructions

Mix all the ingredients together and form 6 patty shaped rostis.

Cook them in a hot pan with olive oil for 3 minutes on each side.

Enjoy with a sprinkle of paprika powder and some spinach on the side.





